



📄 Online Form - **Manly Surf School Excursion**

<b>Activity Name:</b>	Manly Surf School Excursion
<b>Date/Time:</b>	Wednesday 6 December 2023 8:15am - 3:00pm
<b>Description:</b>	As part of our Term 4 PDHPE unit, students will attend Manly Surf School at Long Reef Beach to undertake a beach awareness program. Students will receive lessons on how to read the surf, swim safety and swimming in the surf with and without a board. Students will be with instructors and are not required to participate in any part of the program they are not comfortable with.
<b>Cost:</b>	\$61.00
<b>Venue:</b>	Manly Surf School (PO Box 160 Collaroy NSW 2097 Australia)
<b>Transport:</b>	Bus/Coach
<b>Dress Code:</b>	Mufti Students are required to wear sunscreen, a hat and appropriate swimming clothing. They must bring a change of clothes for the end of the day. Girls must wear one piece swimwear and all students are expected to wear rash shirts which will be provided.
<b>Food:</b>	Packed Lunch Minimum of 750ml Water (Extra for a hot day) No fizzy drinks are permitted
<b>Please Bring:</b>	<ul style="list-style-type: none"><li>- Clipboard</li><li>- Pencil</li><li>- Swimming costume and towel</li><li>- Sunscreen and hat</li><li>- Plastic bag for wet clothes</li><li>- Backpack to carry all items. Students will be walking along sand to and from the surf school, so something easy to manage is preferable.</li></ul>
<b>Due Date:</b>	Friday 1 December 2023