

HUNTERS HILL PUBLIC SCHOOL

'Excellence in Learning for Success in Life'



AMITY Newsletter 2023

Term 3 Week 10



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Message from the Principal



End of Term 3

As the end of another term draws to a close, I would like to take this opportunity to thank you for all of your enthusiastic support of, and attendance at our events this term. It has been lovely to have so many visitors and so many smiles from the students and the adults, as we enjoy some of the special occasions that make school such a special experience. It has certainly been busy, but we've packed a lot in!

Please remember that Term 4 has no beginning of term staff development day. Students and staff return to school on Monday, 9 October 2023. We will dive headlong into what will be another busy term which will no doubt also seem to go all too quickly.



Night of the Notables

A new initiative this year, is 'Night of the Notables'. Year 6 students worked throughout the term on a project about a notable person. Activities included research information, timelines, portraits, the creation of a slide show, the creation or access to props for a display, participating in a tableau and delivering a monologue as well as being able to answer questions from a question box – in character, and of course dress up. The students thoroughly embraced the project and did an amazing job. I know that the parents in attendance last night were very proud as are their teachers. The Stage 2 students who attended during the day were super engaged in what the students had to present which was an additional exciting element to the initiative. Big congratulations to the students, Ms Murray, Miss Leonard, and Mrs Watson for their inspiration and guidance. Well done everyone!



Teddy Bears' Picnic

It was lovely to welcome some of our incoming 2024 Kindergarten students and their families into the school yesterday for the Teddy Bears' Picnic. Such an event is always an eye-opener in terms of seeing how much our current Kindergarten students have grown up! We all had a great time doing some dancing and having a lovely get-together with current friends, new friends, and our teddy bears.



Australian Government eSafety Commissioner

With children and young people using the Internet so prevalently, it is important that they understand being safe online. This refers to cybersecurity as well as protection from potentially harmful or inappropriate content and activities.

I would like to draw your attention to the website of the Australian Government eSafety Commissioner which has extensive information and resources which may assist you to support your children to be safe online and teach them about cyber-safety. It also offers advice about home 'family technology agreements' and achieving a balance between online and offline activities!

<https://www.esafety.gov.au/parents>

The eSafety Commissioner (eSafety) was established in 2015 and is Australia's national independent regulator and educator for online safety. Their mandate is to ensure Australians have safer and more positive experiences online.

We encourage you to visit the website and have a look around. **Based on multiple incidences at school this term related to inappropriate online activity, particularly in the current climate and with school holidays approaching, we cannot stress this enough.**



Teacher Professional Learning

Last week we took the opportunity to dedicate some wellbeing time for each of us to leave school at 3:30pm and do something for ourselves, whatever it may be that lifts us up. This week teams spent their TPL session planning for Term 4.

'Those who seek to have their students learn, must be learners themselves.'



Happy and Safe Holidays

From all of us, to all of you, we wish you a safe and happy holiday period.

Term 4 begins for students: **Monday, 9 October 2023.**

Students should be dressed in their summer uniforms.



Instead of 'By Michael Grose'

Our 'By Michael Grose' articles were accessed from our Positive Parenting membership. Positive Parenting has now changed to Happy Families. Happy Families resources are developed by parenting expert Dr Justin Coulson PhD. On the Happy Families website, should you wish to look into it, you will find a variety of articles and other such resources that our membership invites parent access to.

You will find the website login details and password following, which is the same for everyone in our school community. We trust that you find some helpful insights.

Unique URL - <https://schools.happyfamilies.com.au/login/hhps>

Password - happyhhps



2024 Enrolments

If you have children due to start Kindergarten next year, please ensure that you enrol online (via the school website) as soon as possible. If this applies to any of your friends or neighbours, please also encourage them to enrol. Only enrolled children will be able to attend the orientation events coming up next term.



Changed Your Details?

Please ensure that you notify our office ASAP if you have had a change in personal details such as address or contact numbers; work, mobile or home.

Kim Dudgeon



The How-to's of Healthy Parenting

By Justin Coulson

If there's one thing, more than anything else, that our children need to thrive, it's healthy involvement. It's us. Being there. Not just for them, but with them. We don't just have their back. We're at their side... in healthy ways.

What involvement looks like

Involvement comes from the Latin: *involvere*. It means "to envelop, surround", or literally to "roll into". Involvement is showing love, warmth, and affection.

In a practical sense, involvement can be ferrying children from one activity to another or eating together; bathing a young child or having bedtime stories. It's being across their academic, sport, or cultural experiences. How are they going at school or on their sports team? Are they aware that you care, and that you're there to support them if they need you?

At a deeper level, involvement is being present in their spaces, their conversations, and their activities: their world. This involvement can often be (and probably should most often be) benign background involvement. Perhaps you're in the kitchen while they're in the living room or the back yard. But you're present and aware. You're having regular conversations to know about their daily discoveries, their friendships, and their life.

It's also their involvement in your world. Are they cleaning their room with you, or peeling vegetables for dinner with you? Are they involved in dinnertime conversations with you, playing music with you, learning a new game with you, and exercising with you? Our children want to be in our world, particularly when they're young. Are your little ones – and your big ones – welcome at the dinner table while you're chatting with friends after a barbecue? Do they get to be involved in your work, your hobbies, and even your chores?

Healthy vs unhealthy involvement

According to Professor Wendy Grolnick, a psychology researcher at Clark University in the USA, involved parents do three things:

- Invest time, attention, and energy
- Gain knowledge about their children's lives, and
- Provide support.

The crux of this conversation comes down to how we do these things.

We can do this in a controlling way, or we can do it in a need-supportive way. Investing time, attention, and energy into our child's school experience can be helpful or harmful. It depends on how we do it.

When we invest time and attention in a controlling way, we pore over our children's results, push our child to do better, corral them into extracurricular coaching, and harangue them for failing to win the dux of kindergarten award! It's that whole 'parent harder' kind of approach to involvement. The investment, the knowledge, and the support are set up with the best of intentions. But it's us setting the expected standard for them and pushing (sorry ... supporting) them to achieve it because we have unilaterally determined that it matters. There's that intense and controlling involvement that undermines individual motivation and wellbeing. The involvement we share is

targeted towards other ends rather than being an end in itself.

A form of involvement in schoolwork that supports relationship needs looks more like us taking an interest, asking how they're doing, and inviting them to think about how they'd like to do at school, and why. And it's based on developmentally appropriate timing. Our six-year-old doesn't need to be chasing straight As! It's not important for our Grade 3 child to be reading at a high-school level! But ... if they love reading and happen to be doing well, great; because they're volitionally seeking it. Perhaps they're doing it for the sake of the activity itself. It lights them up. Learning is intrinsically motivating! Our support and involvement will facilitate rather than undermine that motivation.

In the mid-1980s, Professor Grolnick completed a study of mothers with their one-year-old children. The mothers were asked to play with their children on the floor with a toy for three minutes while being video recorded. The results were analysed to show their style of involvement. The researchers found that mothers were involved in their children's play in different ways. Some were controlling, trying to help their child play 'the right way'. Others were supportive, exploring together and allowing their child to experience the natural delight that comes through their own discovery. Involvement that supports children's sense of autonomy and positive relationship creates connection; that sense of being seen, heard, and valued. Involvement that is controlling disrupts the experience of connection and autonomy.

This healthy supportive (but non-controlling) involvement requires effort. We have to break away from the inertia of our screens, the couch, or our agendas. We also have to break away from the inertia of our upbringing, our insecurity, our ego, and our desires for our children to fulfil their potential based on our preferences. Instead we need to focus on just three things:

- Competence. Support their competence needs by developing structures and boundaries with them.
- Connection. Helping our child feel seen, heard, and valued. And
- Autonomy support. Giving our children a voice and the freedom to figure things out (with our gentle guidance and direction where needed).

Kids thrive under these conditions. And we become better parents.

K-2 Awards

Congratulations to the K-2 students who received a mention at the Weeks 9 and 10 Assemblies for great work!



Certificates of Merit

At last week's K-6 Assembly, the following students were recipients of Certificates of Merit, for excellent effort, work or citizenship:

KJ

Alice K, Riaan P

KX

Beatrix H

1J

Owen D

1R

Chelsea M

2M

Olivia I

3F

Alexandria G, Molly M

3/4N

Charlotte B, Quynh B

4/5M

Elliot B, Ariv N

5P

Brandon F, Georgie N, Jay S

6M

Greta vM

Tell Them From Me Survey

Our school is participating in the Partners in Learning parent survey, another part of the Tell Them From Me suite of surveys (student, teacher and parent surveys) on student engagement. The survey asks parents and carers questions about different factors that are known to impact on student wellbeing and engagement.

Running this survey will help our school understand parents' and carers' perspectives on their child's experience at school. These include: communication between parents/carers and staff, activities and practices at home and parent/carer views on the school's support of learning and behaviour. This valuable feedback will help our school make practical improvements.

The survey is conducted entirely online on smartphones, iPads, tablets, laptops or computers. The survey will typically take 15 minutes or less to complete and is completely confidential. The parent surveys are open until Friday, 3 November 2023. Although participating in the survey is entirely voluntary, your responses are very much appreciated.

More information about the survey is available at: education.nsw.gov.au/ttfm. To access the survey for our school, go to: <http://nsw.tellthemfromme.com/hq649>

Dates to Remember

Fri, 22 Sept	Last day of Term 3
Mon, 9 Oct	First day of Term 4
Tues, 17 Oct	Colour Run - 2:00pm
Fri, 27 Oct	Stage 1 Excursion to Old School House
Thurs, 2 Nov	Kindergarten 2024 Orientation Visit 1
Thurs, 9 Nov	Kindergarten Excursion to Field of Mars
Fri, 10 Nov	K-6 Assembly - 9:05am
For future dates, please refer to the calendar in the Sentral app	

Hunters Hill Public School

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✉ huntershil-p.school@det.nsw.edu.au



Kindergarten Orientation

New Parent Information Evening:
Wednesday, 2 August 2023 at 6pm

Teddy Bears' Picnic:
Wednesday, 20 September 2023 at 12pm

Kindergarten Orientation Visit 1:
Thursday, 2 November 2023 at 9:15am

Kindergarten Orientation Visit 2:
Thursday, 16 November 2023 at 9:30am

Sport News

It's time for another exciting update on our school's sports achievements and upcoming events. Our students have been making us proud on the field, and there's a lot to celebrate!

PSSA Sport

Now, as we look ahead, we're gearing up for the start of Summer PSSA sports in Week 1 of Term 4. This season, we'll be diving back into the exhilarating sports of Cricket, Volley Ball/Newcombe Ball and Softball /Tee-ball. The teams for these sports were carefully selected at the beginning of the year and will continue to represent our school. We encourage all our student athletes to make the most of their school holidays by practicing and honing their skills. Let's aim for even greater success in the upcoming season!

Ryde Zone Athletics Carnival

Monday was an extraordinary day for our school as 44 of our students participated in the Ryde Zone Athletics Carnival. It was a day filled with enthusiasm, sportsmanship, and remarkable performances.

Every single one of our students represented our school with pride, following all instructions and giving their very best on the track and field. We couldn't be more pleased with their conduct and dedication.

We must highlight the exceptional performances of some of our students at the Athletics Carnival. In the fiercely competitive 100m Sprint Final, our students displayed their speed and determination. We would like to commend Jonah Buckley for securing 6th place, Max Williamson for finishing 5th, Cressie Flett for her 8th-place finish, Isabelle McLean for an impressive 4th place, and the remarkable Ava Tieck, who claimed 2nd place.

Our excellence wasn't limited to track events; our students shone brightly in field events as well. Madison Cutland secured 4th place in shot put, Cecily Henshaw claimed 5th place in shot put, Stella Harris impressed us with her 6th place finish in high jump, and Max Williamson displayed his skills with a 3rd place in high jump. Furthermore, Ava Tieck took the top spot in Long Jump, while Levi Medich soared to 1st place in High Jump.

These remarkable results have earned Ava and Levi the honour of representing HHPS and the Ryde Zone at the upcoming Sydney North Carnival scheduled for Week 1 of Term 4. Let's show our support for these outstanding athletes and wish them the best of luck as they prepare for this prestigious competition.

Thank you for your ongoing support in nurturing our students' passion for sports and fostering a culture of excellence at our school. We look forward to witnessing more outstanding achievements in the future.

P&C Update

Dear parents and caregivers,

Term 3 has flown by and so on behalf of your P&C, I want to wish everyone a happy, safe and (hopefully!) relaxing school holidays. We're seeing some good momentum across all areas that the P&C supports and as always, we'd welcome your feedback on areas of improvement or activities you'd like to see.

A quick reminder about the three fantastic activities coming up early in Term 4 - hope to see you there!

Cheers and have a great break,

Robbie

Events in Term 4

We are right into the swing of things with the school colour fun run! KJ is currently in the lead and is looking like the top class to receive the icy poles this Friday! The holidays is a fantastic time to raise money so sign up and share! The Colour Fun Run will take place on the second week of term 4.

<https://www.schoolfunrun.com.au>

The annual P&C Halloween disco is on Friday 27th October. Make sure you book your kids in through this link for a night filled of food, dancing and fun! Prizes from TIMEZONE for best dressed

<https://www.trybooking.com/events/landing/1113535?embed>

The social event of the year is fast approaching and tables are filling up! The P&C Great Gatsby Gala is preparing for a fabulous night! Discounts for tables of 8 and 10 are available through this link. A night not to be missed so grab your friends and dress to impress!!

<https://www.trybooking.com/events/landing/1113578>

Artworks for The Great Gatsby Gala will also be sent out over the next few days to complete over the holidays and return when school resumes. Get creative!

We are in need of sponsors and donations for our fundraiser in order to keep our beautiful school running! Please email eventsconvener@hhps-pandc.org.au if you have a business or service that can offer for our P&C Great Gatsby Gala. Great incentives.

Robbie Upcroft
President - Hunters Hill P & C
president@hhps-pandc.org.au

OCTOBER 14 REFERENDUM DAY CAKE STALL

Just days after returning to school in Term 4, we're holding our great cake stall for Referendum Day. Please help us make this HHPS Fundraiser the best yet! All funds from the cake stall and sausage sizzle will go towards our HHPS playground masterplan.

- Donations of cakes (whole or sliced), muffins, slices, biscuits.
- NO lolly bags please.
- Store bought goodies are also great if time (and baking talent) is limited 😊



Stay tuned for volunteer roster to help on the day. Just an hour will be a great help. Your kids can help too.

Donations

- Cake boxes will be handed out at school gate or available for collection from:
 - Josephine – **10 Ferdinand Street** - Ph 0414376597 (please text beforehand to check availability)
 - Loretta – **23 Martin Street** – 0421587428 (boxes and drop off available any time to front verandah)
- Please label donations with list of ingredients
- Drop off goodies on Friday 13th at above addresses or on Saturday morning 14th at school canteen.

Hunters Hill Public School CREATIVE WORKSHOPS

The Creative Workshops program is delighted to offer an array of courses in Term 4 2023 – Anime Art, Chess, Coding, Drama, Fencing and Soccer Skills

New in Term 4 - Little Coders (K-1)

At Little Coders, your child will love the fun and interactive way we teach kids to code. In fact, it's so much fun, they won't realise they're learning! Throughout the term, our students discover the basics of coding and take their first steps to becoming a coding superstar via fun, age-appropriate explanations, real-world scenario demos, games and group activities. Each week they will learn a new coding concept and apply this knowledge to code different games using drag and drop coding blocks within Code Camp World (our purpose-built coding platform).

TERM 4 2023 Timetable

Classes commence Week 2 (16 October 2023) to Week 10 (14 December 2023)

TIME	CLASS	YEARS	Pricing from	ACTIVE/CREAT KIDS Voucher	Further Details/To Book
MONDAY					
3.05 – 4.35	Intro to Anime/ Manga Art	Yrs 2 to 6	\$245	NO	https://www.trybooking.com/CLDDS
3.15 – 4.30	Coding	Yrs 1 to 6	\$260	YES	https://my.codecamp.com.au/course/venue/8049
3.05 – 4.35	Fencing (9 wks)	Yrs 2 to 6	\$280	YES	https://www.trybooking.com/CLDDW
TUESDAY					
7.55 – 8.50	Play Chess Like A Champ!	Yrs 1 to 6	\$180	NO	https://www.trybooking.com/CLDDY
WEDNESDAY					
3:05 – 4:20	Little Coders	Yrs K to 1	\$260	YES	https://my.codecamp.com.au/course/venue/8049
3:05 – 4:20	Soccer & Fitness	Yrs 2 to 5	\$110	NO	https://www.trybooking.com/CLDED
THURSDAY					
3.05 – 4.35	Drama Club Stage 2-3 (9 wks)	Yrs 3 to 6	\$277	YES	https://www.innerwestdrama.com/kids-term-drama
3.05 – 4.35	Drama Club Stage 1 (9 wks)	Yrs K to 2	\$277	YES	https://www.innerwestdrama.com/kids-term-drama

Classes run for 8 weeks commencing Week 2 (16 October 2023), except where noted. For further information and to book a class go to individual booking links.

ENROLMENTS CLOSE: Thursday 12 October 2023 5pm

Enrolments must close at this time, so our providers can arrange instructors and classes. If classes are too small, they will be cancelled. To avoid disappointment, enrol as soon as possible.

Remember to check Sentral for the latest announcements.

If you have any queries, please get in touch creativeworkshops@hhps-pandc.org.au

Kind regards,

Creative Workshops Team
creativeworkshops@hhps-pandc.org.au



HHPS P&C Committee presents

THE GREAT GATSBY

GALA

*Friday | 3rd November | 7-11PM
The Loft, Jones Bay Wharf, Doltone
House, 26-32 Pirrama rd, Pyrmont*

*Ticket includes canapés, 4 course
dinner, drinks and dancing.*

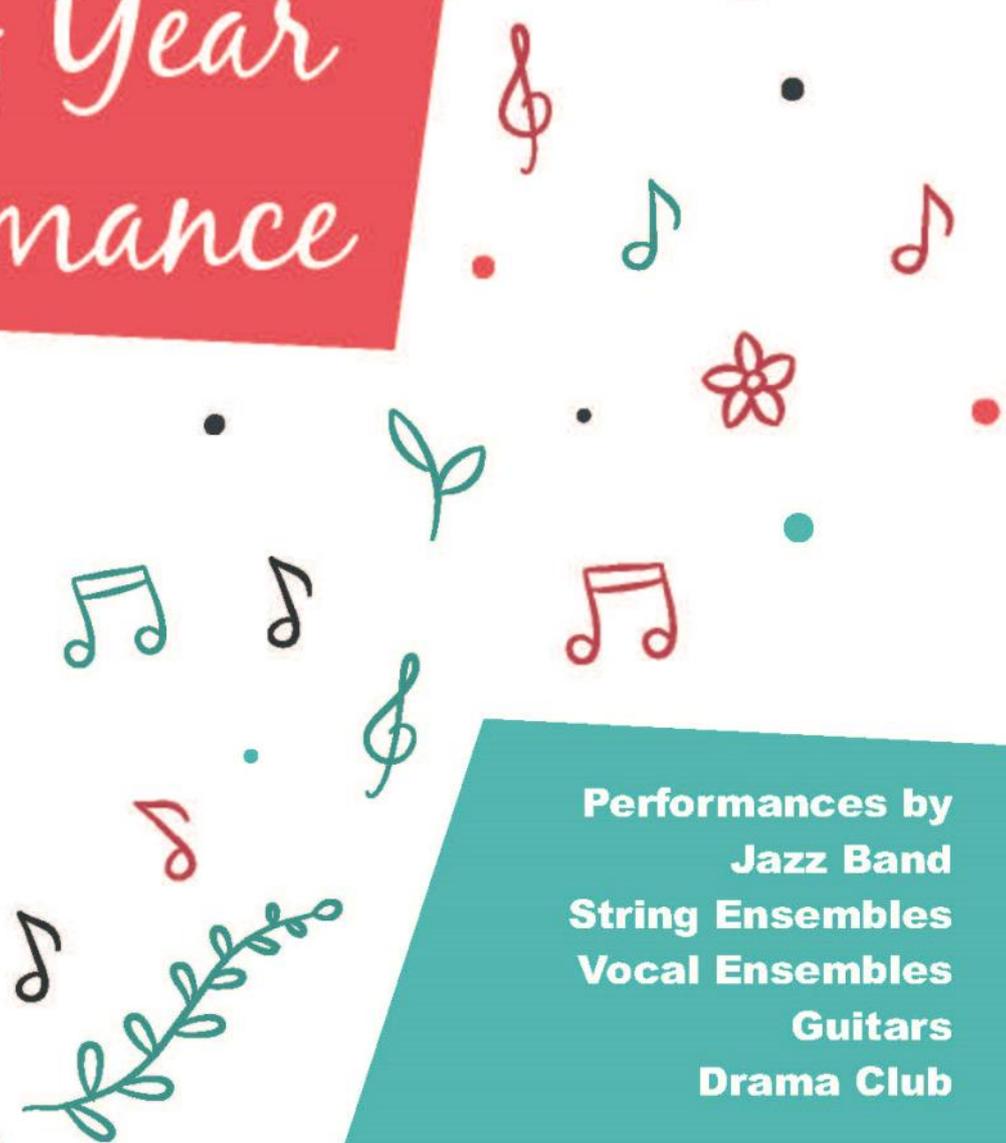
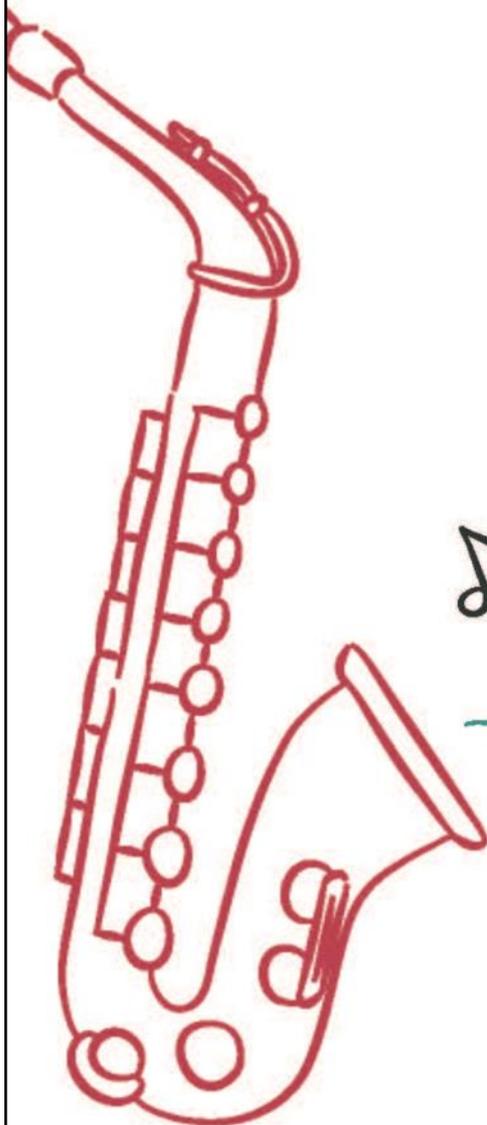
Items will be auctioned off to raise
money towards the P&C committee of
HHPS for the rejuvenation of the school
grounds



**DRESS IN YOUR GATSBY BEST
PRIZES TO BE WON**

HHPS Performing Arts presents

End of Year Performance



Performances by
Jazz Band
String Ensembles
Vocal Ensembles
Guitars
Drama Club

Thu 9th November
5:30pm (Doors open 5:15)
At All Saints Church
Cnr Ferry St & 2 Ambrose St
Hunters Hill

**Parents, families, friends, HHPS staff
and teachers all welcome**

OPERATION ART

2023

Operation Art is an exhibition created
by students for children in hospital

An initiative of The Children's Hospital at Westmead and the NSW Department of Education

Free entry

Armory Gallery

Jamieson Street, Sydney Olympic Park

Saturday 16 September - Sunday 29 October 2023

Open every weekend from 16 September to 29 October,
and every day in the school holidays from 25 September to 6 October



Partners



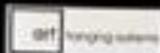
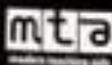
the children's
hospital
at Westmead

SydneyOlympicPark

Other sponsors



Office of the
Children's Guardian



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The Children's Hospital at Westmead is part of Sydney Children's Hospitals Network



@operationartexhibition