

# HUNTERS HILL PUBLIC SCHOOL

'Excellence in Learning for Success in Life'



AMITY Newsletter 2024

Term 1 Week 6



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## Message from the Principal



### Kindness Matters



Kindness is my message for this week. For no other reason than it's a lovely little thing to be reminded, in our busy busy lives, is important. No matter how busy we are, kindness is easy, kindness is free, and being kind also makes you feel good yourself. Kindness is generally repaid with kindness. Kindness is a message that we continuously share with the 'kids'. It is up to us to lead the way by being kind ourselves, to value kindness, and to acknowledge its importance and call it out when we see it. Kindness matters.



### NAPLAN

Just a reminder to parents of **Year 3** and **Year 5** students that NAPLAN will be taking place from next Wednesday, 13 March. Writing assessment will be completed on this day, and we are planning to have all other assessments completed by Thursday, 21 March.



### Swimming Carnival

We held another successful swimming carnival on Tuesday, with thanks to organisers Mr Fogarty and Mrs Monaghan. I was only present for a couple of hours, but the day certainly seemed to be running in good spirits with lots of student participation and earning of team points. Thank you to the parents and extended family members who supported on the day as well as to Hunters Hill High School for once again loaning us their very capable students as officials. The P&C also generously provided sustenance to the staff which is very much appreciated.

Congratulations to all students on their participation with special wishes to those who attended the zone carnival today. We will anxiously await results!



## Parent/Teacher Interviews

Thank you very much to all who were able to make this week's parent/teacher interviews. The teachers truly value this opportunity early in the year to meet you personally to discuss your child. Sharing insights and goals assists teachers and parents in understanding students' wellbeing and learning needs with the aim of setting everyone up for a successful year.



## Important Notes to Return (Years 1 – 6)

All students should have received and returned by now, a Hunters Hill Appropriate Use of Technology at School Agreement. Please remember that before students can now access technology at school this signed agreement must have been returned to class teachers.

This week, students should also have brought home a Hunters Hill Public School Appropriate Use of Mobiles Phone and Smart Watches at School Agreement. If your child brings a mobile phone or Smart Watch to school this agreement must also be signed by students and parents and returned to classroom teachers. This document has been explained by class teachers, however, we urge parents to also discuss its contents with their children.

Our document has been updated to reflect the department policy introduced in Term 4 of 2023.



## Whole School Assembly

What a big crowd we had for our first whole school assembly of 2024! There certainly was a lot to get through and many momentous occasions to be celebrated. Our new Student Leaders did a great job and our new Kindergarten students carried themselves brilliantly. Our students were settled throughout which no doubt makes all of us, not just the staff, very very proud. I particularly thanked our Stage 3 students who, without a fuss, leapt up when asked to assist me to put some additional audience chairs out – you don't need to wear a badge to demonstrate leadership!

Please remember that just for **this term**, our second whole school assembly will be held in **Week 8** on Friday, 22 March 2024 due to Good Friday being in Week 9. The deadline for receipt of awards in the office for this assembly is Friday of Week 7.



## Changed Your Details Over the Holidays?

Just a reminder that if you have had a change in personal details such as address or contact numbers; work, mobile or home, please ensure that you notify our office ASAP.

Kim Dudgeon



## **When My Child Won't Listen**

By Justin Coulson

One of the most common complaints I hear from parents about their children is that, "The kids just won't listen." But guess what. They are listening. They're just not complying! You'll typically find that a handful of standard answers permeate the Internet and parenting advice books when it comes to this topic. Let's acknowledge them first, because they can be helpful.

### Keep it simple

Short sentences are easier to process than long lectures. Keep your statements and requests simple, clear, and direct.

### Get on your child's level

Making eye contact, smiling, and ensuring your child has heard you always improves the likelihood that your child will act.

### Repeat it back

Ask your child to tell you what you told them. If you ask them to pick up the wet towels from the bathroom floor and they're not responsive, ask them, "What did I say just then?" and wait for them to tell you.

### Speak more quietly

Speaking louder (yelling) won't draw them to you and it's unlikely to encourage them to want to listen to you. Try speaking softly. They'll open their ears, lean in, and listen carefully.

### Gentle touch

A soft touch on the arm, a squeeze or a hug, or an arm across the shoulder. These gentle touches can be enough to act as a circuit-breaker so your child can pay attention to what you're asking and help move things along.

### Drop the don't

Say what you want. If you tell your child what not to do (such as "don't hit the stick against the wall") it requires more effort on the part of your child to redirect their energies. Now they have to stop doing the thing that's bothering you and think of something to do instead.

### Find a way to say "yes"

When you have to say "no", spin it into a "yes". If you're asked, "Can we stay at the park longer?" you can say, "You bet. We'll have a longer stay at the park on the weekend when we come back with your friends." If they plead, "Can we please have ice-cream", respond with "You sure love ice-cream. We'll have icecream on Friday night with our movie like always." Your yes is usually going to be a "not now," but if you phrase it right, it goes down a treat.

If we want to be even better parents, the five suggestions in this next section will help us take it to a whole new level:

## **The fancier answers**

### Keep it simple

When you ask your child to do something, consider the connection. Connection means feeling seen, heard, and valued. Do your children feel like you see them as more than a convenient way to get something done? Trying to command without connection - like yelling between rooms - is a lousy way to have your kids pay attention and usually won't lead to anything resembling compliance. (It's not realistic to expect that you'll "connect" every time something needs doing. But maybe we can connect more than we currently are)?

### Timing

If your child is in the middle of something their listening and compliance will be way down. This doesn't mean we shouldn't ask our children to be involved in helping when they're doing something. That's not realistic. But when we're sensitive to their priorities, things go better. Consider statements like, "When that episode is done, please turn off the tv."

### Capability

We expect too little of our children physically and we expect too much of our children emotionally. Demanding they "calm down" or "stop it" might be more than they can manage. But asking them to clear the table will typically not be too much. Consider their developmental capability, emotionally and physically, before issuing edicts.

### Context

Your child might be perfectly capable of going to bed on time most nights, but on a sleepover night (or some other major event), the context changes. Demanding perfect behaviour at a funeral might make sense and be a sign of respect, but if they're grieving and confused, or if all of their cousins are there and they're excited, we might need to adjust our expectations. Requiring our children to listen to us the same way in every context is to expect our children to act like robots. Be mindful of context.

### Gentle reminders

Call your child by name. Look at them and quietly remind them of the issue that's requiring focus. The fewer words you use the better. Two is ideal. For example, "Your bedroom," "Your stinky socks," "The dishes," and so on. Say please, and smile kindly. out in the process.

## K-2 Awards

Congratulations to the K-2 students who received a mention at the Weeks 5&6 Assemblies for good work!



## Principal's Pins and Certificates of Merit

At last week's K-6 Assembly, the following students were recipients of **Principal's Pins**, for excellent effort, work or citizenship:

**4T**

Lara S

**5/6F**

Noah P

**5/6M**

Jonas E

The following students were recipients of **Certificates of Merit**, for excellent effort, work or citizenship:

**1L**

Samaira A, Sergio C, Edan R, Lexi T

**2P**

Sophia A, Verity G, Liam H, Jeremy K, Chloe N

**3/4M**

Fletcher E

**4T**

Taylor G, Caleb K, Joe P x2

**5/6E**

Miarose M

**5/6F**

Angus D

**5/6M**

Beckett G

## Dates to Remember

Tues, 12 Mar	SRC Fundraiser Day (see SRC Update in newsletter for details)
Wed, 13 - Wed, 20 Mar	NAPLAN: Years 3 & 5
Thurs, 21 Mar	Harmony Day
Fri, 22 Mar	Whole School Assembly - 9:10am
Thurs, 28 Mar	Easter Hat Parade
Fri, 29 Mar	Good Friday (Public Holiday)
Mon, 1 Apr	Easter Monday (Public Holiday)
Tues, 2 Apr	Stage 3: Aspire Leadership Day
Tues, 2 - Fri, 12 Apr	Year 2: Swim School
Fri, 12 Apr	Last Day of Term 1
Mon, 29 Apr	Staff Development Day (staff only)
Tues, 30 Apr	First Day of Term 2 for students

## Harmony Day - Thursday, 21 March

Students and staff will be celebrating Harmony Day on **Thursday, 21 March**. Harmony Day celebrates Australia's cultural diversity. At HHPS, we celebrate inclusiveness, respect and a sense of belonging for all Australians, from the traditional custodians of the land to those who have come from many countries around the world.

Students are encouraged to either wear a **cultural outfit or orange**. Orange is the colour chosen to represent harmony and students may choose to wear something orange to show their support for cultural diversity and an inclusive Australia.

There is also an opportunity for students to bring in a **traditional dish** from home to share with their class and explain why it is significant to them and/or their culture. Please be mindful of the following if sending in food: the dish needs to be nut free, it is unable to be heated and a list of ingredients needs to be provided to the class teacher please.

**Caroline Johnston and Kathi Towns**  
**Harmony Day Coordinators**

## Sport News

### School Swimming Carnival: Making a Splash!

Our recent swimming carnival was a resounding success, thanks to the enthusiastic participation of all our students. It was a joy to witness everyone giving their all and showcasing their swimming prowess. A heartfelt thank you to the parents who graced the occasion with their presence and support. We extend our gratitude to the students from Hunters Hill High for their invaluable assistance, which added to the smooth conduct of the event.

A special mention goes out to Aidan M, whose remarkable performance saw him break three records on the day! Aidan's dedication and skill have truly set a high standard for all our swimmers to aspire to. For a detailed breakdown of all the thrilling results, please see the following 2 pages.



<b>2024 Hunters Hill Public School Swimming Carnival Results</b>			
<b>Jnr Girls 50m Backstroke</b>		<b>Jnr Boys 50m Backstroke</b>	
1 <sup>st</sup>	Molly M	1 <sup>st</sup>	Aidan M
2 <sup>nd</sup>	Ava T	2 <sup>nd</sup>	Taylor G
3 <sup>rd</sup>	Quynh B	3 <sup>rd</sup>	Archie G
<b>11 Years Girls 50m Backstroke</b>		<b>11 Years Boys 50m Backstroke</b>	
1 <sup>st</sup>	Elsie G	1 <sup>st</sup>	Max W
2 <sup>nd</sup>	Naomi B	2 <sup>nd</sup>	Angus D
3 <sup>rd</sup>	Romilly B	3 <sup>rd</sup>	Austen B
<b>Snr Girls 50m Backstroke</b>		<b>Snr Boys 50m Backstroke</b>	
1 <sup>st</sup>	Mia W	1 <sup>st</sup>	Jesse C
2 <sup>nd</sup>	Maya J	2 <sup>nd</sup>	Hugo F
3 <sup>rd</sup>	Georgia P	3 <sup>rd</sup>	Beau P
<b>Jnr Girls 50m Breaststroke</b>		<b>Jnr Boys 50m Breaststroke</b>	
1 <sup>st</sup>	Molly M	1 <sup>st</sup>	Aidan M
2 <sup>nd</sup>	Sybilla C	2 <sup>nd</sup>	Taylor G
3 <sup>rd</sup>	Evelyn T	3 <sup>rd</sup>	Tom M
<b>11 Years Girls 50m Breaststroke</b>		<b>11 Years Boys 50m Breaststroke</b>	
1 <sup>st</sup>	Elsie G	1 <sup>st</sup>	George E
2 <sup>nd</sup>	Naomi B	2 <sup>nd</sup>	Austen B
3 <sup>rd</sup>	Lucy P	3 <sup>rd</sup>	Max W
<b>Snr Girls 50m Breaststroke</b>		<b>Snr Boys 50m Breaststroke</b>	
1 <sup>st</sup>	Mia W	1 <sup>st</sup>	Jesse C
2 <sup>nd</sup>	Willow G	2 <sup>nd</sup>	Daniel M
3 <sup>rd</sup>	Maya J	3 <sup>rd</sup>	Hugo F
<b>Jnr Girls 50m Butterfly</b>		<b>Jnr Boys 50m Butterfly</b>	
1 <sup>st</sup>	Molly M	1 <sup>st</sup>	Aidan M
2 <sup>nd</sup>	Sybilla C	2 <sup>nd</sup>	Taylor G
3 <sup>rd</sup>	Zara V	3 <sup>rd</sup>	-
<b>11 Years Girls 50m Butterfly</b>		<b>11 Years Boys 50m Butterfly</b>	
1 <sup>st</sup>	Mia W	1 <sup>st</sup>	George E
2 <sup>nd</sup>	Georgia P	2 <sup>nd</sup>	-
3 <sup>rd</sup>	Maya J	3 <sup>rd</sup>	-
<b>Snr Girls 50m Butterfly</b>		<b>Snr Boys 50m Butterfly</b>	
1 <sup>st</sup>	-	1 <sup>st</sup>	-
2 <sup>nd</sup>	-	2 <sup>nd</sup>	-
3 <sup>rd</sup>	-	3 <sup>rd</sup>	-
<b>Jnr Girls 200m Individual Medley</b>		<b>Jnr Boys 200m Individual Medley</b>	
1 <sup>st</sup>	Molly M	1 <sup>st</sup>	Aidan M
2 <sup>nd</sup>	-	2 <sup>nd</sup>	Archer D
3 <sup>rd</sup>	-	3 <sup>rd</sup>	-
<b>Snr Girls 200m Individual Medley</b>		<b>Snr Boys 200m Individual Medley</b>	
1 <sup>st</sup>	Elsie G	1 <sup>st</sup>	George E
2 <sup>nd</sup>	Romilly B	2 <sup>nd</sup>	-
3 <sup>rd</sup>	Mia W	3 <sup>rd</sup>	-



<b>Open Girls 100m Freestyle</b>		<b>Open Boys 100m Freestyle</b>	
1 <sup>st</sup>	Elsie G	1 <sup>st</sup>	Aidan M
2 <sup>nd</sup>	Naomi B	2 <sup>nd</sup>	Austen B
3 <sup>rd</sup>	Romilly B	3 <sup>rd</sup>	George E
<b>8 Year Girls 50m Freestyle</b>		<b>8 Year Boys 50m Freestyle</b>	
1 <sup>st</sup>	Evelyn T	1 <sup>st</sup>	Tom M
2 <sup>nd</sup>	Heidi B	2 <sup>nd</sup>	Lewis D
3 <sup>rd</sup>	Victoria T	3 <sup>rd</sup>	Isaac P
<b>9 Year Girls 50m Freestyle</b>		<b>9 Year Boys 50m Freestyle</b>	
1 <sup>st</sup>	Sybilla C	1 <sup>st</sup>	Aidan M
2 <sup>nd</sup>	Zara M	2 <sup>nd</sup>	Taylor G
3 <sup>rd</sup>	Zara V	3 <sup>rd</sup>	Archie G
<b>10 Year Girls 50m Freestyle</b>		<b>10 Year Boys 50m Freestyle</b>	
1 <sup>st</sup>	Molly M	1 <sup>st</sup>	Jonah B
2 <sup>nd</sup>	Ava T	2 <sup>nd</sup>	Fletcher E
3 <sup>rd</sup>	Quynh B	3 <sup>rd</sup>	Teddy W
<b>11 Year Girls 50m Freestyle</b>		<b>11 Year Boys 50m Freestyle</b>	
1 <sup>st</sup>	Romilly B	1 <sup>st</sup>	Angus D
2 <sup>nd</sup>	Elsie G	2 <sup>nd</sup>	Austen B
3 <sup>rd</sup>	Naomi B	3 <sup>rd</sup>	George E
<b>12 Year Girls 50m Freestyle</b>		<b>12 Year Boys 50m Freestyle</b>	
1 <sup>st</sup>	Mia W	1 <sup>st</sup>	Jesse C
2 <sup>nd</sup>	Maya J	2 <sup>nd</sup>	Thomas T
3 <sup>rd</sup>	Willow G	3 <sup>rd</sup>	Hugo F
<b>Junior Girls Relay</b>		<b>Junior Boys Relay</b>	
1 <sup>st</sup>	Farrer	1 <sup>st</sup>	Lawson
2 <sup>nd</sup>	Lawson	2 <sup>nd</sup>	Chisholm
3 <sup>rd</sup>	Chisholm	3 <sup>rd</sup>	Farrer
<b>Senior Girls Relay</b>		<b>Senior Boys Relay</b>	
1 <sup>st</sup>	Farrer	1 <sup>st</sup>	Farrer
2 <sup>nd</sup>	Lawson	2 <sup>nd</sup>	Chisholm
3 <sup>rd</sup>	Chisholm	3 <sup>rd</sup>	Lawson
<b>Age Champions</b>			
<b>Junior Girls Age Champion 2024</b>		<b>Junior Boys Age Champion 2024</b>	
Molly M		Aidan M	
<b>11 Years Girls Age Champion 2024</b>		<b>11 Years Boys Age Champion 2024</b>	
Elsie G		George E	
<b>Senior Girls Age Champion 2024</b>		<b>Senior Boys Age Champion 2024</b>	
Mia W		Jesse C	
<b>House Champions</b>			
FARRER			
<b>New Records</b>	<b>Previous Record</b>	<b>New Record</b>	
Aidan M 50m Freestyle	Benjamin C - 39.62 - 2018	38.00	
Aidan M 50m Backstroke	Matthew T – 53.55 - 1999	53.40	
Aidan M 50m Breaststroke	Benjamin C – 46.00 – 2019	43.58	

### **Zone Cricket Trials: Batting and Bowling with Finesse!**

Jay S, George E, and Hugo F represented our school with pride at the Zone cricket trials. Their exemplary display of sportsmanship and talent did not go unnoticed. Jay's success at the trials has earned him a well-deserved spot in the upcoming Combined Ryde/Hornsby/Beecroft trials scheduled for Tuesday, 12th. While Hugo showcased his skills as a reserve, and George impressed the selectors, luck was unfortunately not on their side this time around.

### **Combined Zone AFL: Flying High with Team Spirit!**

Magus G, Jonas E, Jacob M, and George E soared to new heights at the Combined Ryde Beecroft AFL trials. Their collective efforts and stellar performance caught the eye of the selectors. We're thrilled to announce that Magnus, Jacob and George have been selected to represent our school at the Sydney North Regional Trial. We wish them the best of luck as they continue to chase their dreams on the field!

### **Basketball: Shooting Hoops and Chasing Dreams!**

Despite the scorching heat of a Friday afternoon, Hawk Q demonstrated remarkable skills at the Zone Basketball Trials. Though not selected this time, Hawk embraced the opportunity to showcase his talent and enjoyed every moment on the court. His dedication and positive attitude are truly commendable.

### **PSSA: Cheers, Wickets, and Victories!**

Our PSSA season kicked off with a bang! The atmosphere at Bill Mitchell was electrifying as our students showcased their skills and sportsmanship across various disciplines. From thrilling victories to nail-biting finishes, every game was a testament to the passion and commitment of our student athletes. Don't forget to stay updated on results and upcoming fixtures by visiting the Ryde PSSA Website. To all our teams, we wish you the best of luck in your future endeavours!

**Jim Fogarty | Year 5/6 Teacher & Sports Coordinator**

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## **Peer Support**

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### **Our Peer Support Program is titled 'Stronger Together'**

#### Session 2 - Strong Me!

Our peer support module this week encourages students to identify their personal strengths as a key protective factor to address bullying and looks at ways of utilising these positive attributes to support themselves and others to build resilience. Parents and carers of participating students might like to ask what they said or thought their strengths might be and suggest some more.

#### Session 3 - Including Others

Our session next week considers the relationships that students develop and how they can change over time. It looks at the role they play in contributing to these relationships and how the use of power, trust and honesty can change a relationship. Parents and carers of participating students might like to talk about the different relationships that you have or their relationships with family and other friends outside school.

**Jim Fogarty | Year 5/6 Teacher & Peer Support Coordinator**

## **SRC Update**

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The Student Representative Council (SRC) would like to remind you about the events we have coming up:

### **Term 1 Fundraiser: Tour De Cure Cancer Research**

Get ready to pedal for a cause! **On Tuesday, March 12th**, the SRC will be hosting a fundraiser in support of Tour De Cure Cancer research. We're calling on all students to participate by riding, scooting, skating, or walking to school on this special day. But that's not all - let's add some flair to our journey! Decorate your helmets, handlebars, or scooters with safe and creative designs. Let your imagination run wild as we unite in the fight against cancer. Remember to keep it safe.

### **Muffi Day & Sausage Sizzle**

On the day of the fundraiser, students can ditch their uniforms and dress in muffi attire with the purchase of a \$2 muffi license. And what's a fundraiser without a delicious lunch? For just \$3, students can enjoy a mouth-watering sausage sizzle. Don't forget to bring your payment to your class teacher before Friday, March 8th, to secure your spot!

### **Colouring Competition**

Calling all budding artists! Show off your creative skills by participating in our colouring competition. Purchase a colouring sheet from the SRC in the playground for just \$1. There will be two categories: one for students in K-2 and another for students in 3-6. Feel free to create your own masterpiece with the theme of bike riding in mind. Let's see those crayons, pencils and markers come to life!

### **The Golden Bicycle**

On Tuesday we are going to try and recreate the golden bicycle by covering a chalk drawing of a bicycle in coins. We are hoping that we can have the biggest and shiniest bicycle.

We're thrilled to see our school community come together to support such a meaningful cause. Every pedal, every stroke of colour, and every dollar raised brings us closer to making a difference in the fight against cancer. Let's pedal with purpose, create with passion, and unite in our efforts to make a positive impact.

Thank you for your support, and let's make this fundraiser one to remember!

Warm regards,  
**HHPS SRC**

## **P&C Update**

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### **P&C President's report**

Time flies when you're having fun and I can't believe we're around halfway through Term 1 already!

There's so much going on across the school and P&C community, from the excellent Great Gatsby Gala and near record enrolments in performing arts, to the delicious new menu options in the revamped Canteen.

Please do take the time to have a read through all the good things that your P&C helps to provide and if you're feeling inspired and would like to get involved, then drop me a line or sign-up here: <https://www.trybooking.com/CPCJW>. It only costs \$1 and gives you the opportunity to vote on all the important issues that we're discussing, as well as having a say in the next leadership cohort, due to be voted in at the AGM in June - date TBC.

Cheers and thanks,

Robbie Upcroft  
President - Hunters Hill P & C  
[president@hhps-pandc.org.au](mailto:president@hhps-pandc.org.au)

### **Events update**

I am thrilled to inform you that our Gala night at Doltone House this past Friday was a resounding success!

From the exquisite cuisine to the delightful beverages, and the electrifying atmosphere, every aspect of the evening was simply spectacular. I'm delighted to share that we managed to raise over \$37,000, thanks to the overwhelming generosity of our attendees and supporters. Our sponsors Tracey Dixon and Matt Ward (McGrath) along with Maria Costi (Kindikids) were also in attendance which was great to share the night with them.

Our event featured an array of coveted items, including a surprise Taylor Swift memorabilia, exclusive dinners, dazzling diamonds, and much more. It was truly a night filled with excitement and generosity by the parents of our school.

I'm pleased to report that all attendees collected their prizes, adding to the joy of the evening. Your participation and contributions made a significant difference, and we are immensely grateful for your support. Special mentions need to go out to James for being the most gracious MC and his wife Clare Windon for helping on the day transporting items, Andrew and Jenny Tran for the hampers and trivia, Paul Cavarra who achieved the highest auction item of the night at \$6500, the auctioneer Zak Moncillo which sold all the amazing artworks and Mona with her family that helped with selling raffle tickets and keys. Without these people the night wouldn't have been the same.

Looking ahead, we are excited about our upcoming events, particularly the Mother's Day event which we are hoping to run a stall, which promises to be another memorable occasion for the children.

Once again, thank you for making our Gala night a tremendous success. Your continued support means the world to us, and we look forward to seeing you at our future events.

Warm regards,  
Odyssie Christou  
Events Convenor



## Performing Arts Update

### Musical Showcase

On 27 February we held our musical showcase for all students at HHPs. Each class of students had an introduction to the various instruments that can be played at school as well as the different ensembles.

Vocal ensemble can be joined at any time, while the instrumental ensembles require a period of time learning the instrument. If your child expressed an interest in learning an instrument they filled in a form and were asked to take it home to discuss with a parent or carer. If your child hasn't shown you the form yet please try to have a discussion with them about it and email Rachel at [music@hpps-pandc.org.au](mailto:music@hpps-pandc.org.au) for more information. Our tutors are starting to fill up and we are now looking to recruit some more where needed.

While our junior vocal ensemble is now full, there are two spots remaining in our senior vocal ensemble. With this ensemble due to perform at the Sydney Opera House later this year, this is a great opportunity for budding singers in our midst!

Our music programs now have over 90 children enrolled – representing over 35% of the school!



### Volunteers needed!

To support such a substantial cohort of students from the school, we would love to hear from any parents interested in supporting our Performing Arts Committee. We are lucky to have a thriving performing arts program here at HHPs and it's thanks to our team of parent volunteers. There are lots of opportunities available, such as being an instrument coordinator, an ensemble rep for each of our ensembles or administration coordinator to help with jobs such as registration processes. Please contact us at [music@hpps-pandc.org.au](mailto:music@hpps-pandc.org.au)

### Save the date(s)

A reminder to save the dates for upcoming performances:

- On 25th June, our Strings Chamber Orchestra will perform at the Festival of Instrumental Music at the Sydney Opera House. There will be a rehearsal date announced closer to the time.
- Our Vocal Ensemble will perform at the Sydney Opera House at the Festival of Choral Music which will take place on Thursday 15<sup>th</sup> August, with a day rehearsal from 12pm and evening performance. There will also be an inter-school rehearsal on Thursday 1st August.



### Interested in joining our performing arts program?

We are taking expressions of interest for students wanting to begin an instrument or join vocal ensemble in 2024.

#### Jazz Band

We have a variety of string and jazz band instruments and tutors available at the school. Please use the following link to register interest for [instrument lessons](#).

If your child has already been playing an instrument for a minimum of two terms and would like to join the jazz band, please enrol your interest [here](#).

#### Strings

We have a cello and violin tutors available at the school. Please use the following link to register interest for [instrument lessons](#).

If your child has been learning a string instrument for a minimum of two terms, they can enrol for [Stringletts ensemble](#).

**Chamber Strings** is by invitation for those students who have been learning strings and playing with Stringletts for a minimum 1 year.

#### Vocal

If your child is interested in joining a **vocal ensemble**, please provide your details on the linked forms:

[Year K-2 Ensemble](#)

[Year 3-6 Ensemble](#)

If you have any questions about our instrument lessons or ensembles please contact us at [music@hps-pandc.org.au](mailto:music@hps-pandc.org.au) or 0466 284 807 (Rachel Evans.)

## Canteen News

The Italian special was so popular that Lisa has decided to keep the Penne Bolognese on the menu indefinitely. You will find it in the new Hot Food category on Flexischools along with the now regular Monday Sausage Sizzle. Gelato is also staying put in the Frozen Items section. (See latest update of the menu below).

For the next two weeks the kids are going to go wild with a cheeseburger and potato wedges! The beef burger patty will be made from scratch in the canteen so it counts as an everyday food item. Potato wedges portions will be limited to below 100g and will be oven-baked! (See poster below).

This week the P&C Events team provided lunch for our fantastic teachers at the swimming carnival and Lisa & Odysse combined forces and came up with something yummy for them including these delicious wraps!



The canteen window is open at recess and lunch on Mondays to Thursdays. We are doing our best to keep the prices low - the kids can usually find something for \$2 and under.

Thank you again to all of the excellent helpers who answered our call volunteers last week. The signup sheet looks much better now! There are still a few gaps if anyone would like to take part: <https://signup.zone/huntershillps-canteen>.

## ★ 2024 HHPS Canteen Menu ★

ORDER SCHOOL LUNCHES ONLINE VIA  
WWW.FLEXISCHOOLS.COM.AU

MONDAYS, TUESDAYS, WEDNESDAYS, THURSDAYS. CLOSED FRIDAYS.  
orders close at 8.00am Same Day

### LUNCH

<p style="text-align: center; color: #0056b3;"><b>HOT Locantro Bakery</b></p> <p>Beef Pie (S)\$3 (L) \$6</p> <p>Chicken &amp; Vegetable Pie \$5.50</p> <p>Sausage Roll (S)\$3 (L) \$5.50</p> <p>Arancini Ball \$5</p> <p>Quiche - Spinach &amp; Cheese \$5</p> <p style="text-align: center; color: #0056b3;"><b>VARIOUS Sushi</b></p> <p>Sushi Rolls \$5.50-\$6</p> <p>Baby Sushi - 9 pieces \$5.50-\$6</p> <p>Baby Sushi - 15 pieces \$8-\$8.50</p> <p>Rice Paper Rolls - Vegetable \$6</p> <p>Rice Paper Rolls - Veg - 2 pack \$10</p> <p style="text-align: center; color: #0056b3;"><b>HOT Lunch</b></p> <p>Penne Bolognese \$4</p> <p>Sausage Sizzle \$6</p>	<p style="text-align: center; color: #0056b3;"><b>SANDWICHES \$3.50</b></p> <p><b>ON WHITE OR WHOLEMEAL (GF AVAIL)</b></p> <p>Avocado Add \$2</p> <p>Cheese No Extra Cost</p> <p>Double Smoked Ham Add \$2</p> <p>Egg &amp; Mayo Add \$1</p> <p>Lettuce Add \$1</p> <p>Salami Add \$2</p> <p>Toasted No Extra Cost</p> <p>Tomato Add \$1</p> <p>Turkey Add \$3</p> <p>Vegemite or Jam No Extra Cost</p> <p style="text-align: center; color: #0056b3;"><b>CROISSANTS</b></p> <p>Plain or choice of fillings \$3.80-\$6.60</p>
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**SNACKS**

Seasonal Fruit (incl Watermelon)	\$2
Garlic Bread	\$2
Edamame Beans	\$2.50
Popcorn	\$0.50 - \$1
Jelly cup (100% juice)	\$0.50 - \$1
Carrot & Cucumber Sticks	\$3
Hummus & Crackers Pack (GF Avail)	\$1.50
Cheese & Crackers Pack (GF Avail)	\$2.50
Packet of chips	\$2
Boiled egg	\$2
Box of Sultanas	\$1
Anzac Biscuits	\$1
Freshly baked cookies	\$1
Freshly baked muffins	\$2
Freshly baked banana bread	\$2

Beef Burger Special

11th - 21st March 2024

Beef Cheeseburger

Oven-baked Potato Wedges

**★ FROZEN TREATS ★**

Gelato	\$3
Moosie	\$2
Juicies Ice Treats	\$2
Icy Bites - 99% Juice	\$1

DRINKS

Emma & Tom's Life Juice	\$4.50-\$3.50
100% Sparkling Fruit Juice	\$3
Oak Flavoured Milk	\$3.50
Glee Sparkling Fruit Juice	\$3

CANTEEN IS OPEN FOR SNACKS AND DRINKS AT RECESS & LUNCH

Canteen Menu - 2024 Term 1 Wks 7 & 8